

The Department of Parks, Recreation & Community Services  
Free Lacrosse Clinic  
(Frogs)

Come out and join the Frogs in a FREE\* lacrosse clinic. No previous experience necessary.  
Limited gear available to lend.



Thursdays & Saturdays  
September 22nd—November 12th  
Thursdays : 6:30-8:00PM  
Saturdays : 9:00-10:30AM  
@ Renaissance Fields, Lindsey Dr, North Brunswick  
Township, NJ



For any questions or concerns please go to: [www.nbrlax.com](http://www.nbrlax.com)  
or send an email to [NBRlacrosse@gmail.com](mailto:NBRlacrosse@gmail.com)

\*Participants must join U.S. Lacrosse\*

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710 Hermann Road  
(732)247-0922 ext 475