

## Senior Center Staff

Jessica Zink      Supervisor, Senior Citizen Activities  
CarolAnn LaBarbera      Recreation Leader  
Sandee Whitman      Keyboarding Clerk 1  
Rosemarie Hansen, Xiomara Espinal, Jenny Meshriky      Drivers  
Loren Kutcher      Building Maintenance Worker  
**Office Volunteers:**      Carmen Sollod

## Department of Parks, Recreation, & Community Services

**Lou Ann Benson**  
**Director & Municipal Alliance Coordinator**  
732-247-0922, ext. 475

## Important Phone Numbers

Senior Center 732-418-2222 or 732-247-0922, ext. 820  
Middlesex County Area Transit (MCAT)      800-221-3520  
Municipal Building      732-247-0922  
Department of Public Works      732-297-1134  
North Brunswick Police      732-545-3200  
Emergency      9-1-1

# *May Senior Sage*

North Brunswick Senior Center  
15 Linwood Place  
732-247-0922, ext. 820 Fax 732-418-3665  
Email: [jzink@northbrunswicknj.gov](mailto:jzink@northbrunswicknj.gov)  
[clabarbera@northbrunswicknj.gov](mailto:clabarbera@northbrunswicknj.gov)  
Hours of Operation: 8:30 am– 4 pm

Mayor Francis “Mac” Womack III  
Council President Bob Corbin  
Councilman Ralph Andrews  
Councilman Bob Davis  
Councilwoman Shanti Narra  
Councilwoman Cathy Nicola  
Councilman Carlo Socio

# Special Events & News

## EXERCISE PROGRAMS! Mondays– NEW TIMES

9:30-10 am Chair Yoga with Jaclyn  
10:20-10:50 am ZUMBA  
11 am–12 pm Primetime Fitness (video)

### Tuesdays

9:30 am– Senior Walkers (sign up at DPRCS office)  
9:30 am & 12:30 pm Healthy Bones

### Wednesdays

9:30 am– Line Dancing  
10:30- 11:15 am Chair Yoga with Donna

### Thursdays

9:30 -10 am Zumba with Andrea  
10 am– Healthy Bones

### Fridays

10 am– Exercise with Donna

**Any events/programs that have a fee/cost must be paid for and signed up for in the office.**

## CRAFT WITH BLANCHE

**Wednesday, May 18th & 25th**

**We will be making “Spring Wreaths”**

**Please bring a glue gun if you have it!**

**Sign up-space is limited.**

## SHOPPING TRIPS

**10 am -Tuesday, 5/10 – Boscov’s  
10:30 am- Monday, 5/23 Entenmann’s  
& Lunch at Rt 27 Diner**

## Lunch

**We provide lunch Monday/  
Tuesday/Friday through a  
grant from Middlesex County  
12 pm– 1pm (unless otherwise  
marked on calendar)  
\$4.00 contribution/meal**

## Try Adult Coloring!

Great for your mind, dexterity,  
and creativity!

Twice a month now!

Various books and patterns  
to choose from  
Wednesdays, 5/4 & 5/11

# Club Corner

**Please note:** *You can be a member of either the Pioneers or the North Brunswick Club.*

**AARP Chapter #3885:** This chapter started in 1986 and only those who are members of the national AARP are eligible to join this chapter. The chapter’s main emphasis is on community service. Dues are \$10/year per person. A schedule of meeting and activities is as follows:

- Membership meetings– 1st Monday of every month at 1 pm.
- Socials (bingo)- 3rd Monday of every month at 12:30 pm.

For further information about the chapter contact Phyllis Andelman 732-297-5891.

**Pioneers:** Our motto is “*teamwork and friendship,*” make new friends, but keep the old. Everyone in their Golden Years (55 and older) are welcome. Try your luck at Bingo on the 2nd & 4th Wednesday. Celebrate in style at all our holiday luncheons. Bring your ideas to our meetings on the 1st & 3rd Wednesday of the month. Now for the best news, our annual membership is only \$5.00 a year. We finish the year with our Christmas luncheon, held at one of our local restaurants. Contact Tony Puleio 732-249-1387 for more information.

**North Brunswick Club (NBC):** We meet every Thursday– We have Social (Bingo) every Thursday, and the third Thursday is our regular meeting and executive board meeting. We celebrate our members birthdays at the first meeting of the month. We also have a party at least once a month, such as Valentine’s Day, St. Patrick’s Day, etc. (there is a charge).

Our membership is open, so won’t you consider joining our club on our **meeting day**? It’s great to get together for a couple of hours a week to be amongst your peers for some talking, laughing, and sometimes singing. We would love to have you. We are a very gracious and understanding group of Senior Citizens. Thank you, Blanche Charlton, President– 732-348-8822.

**Friends of the Senior Center:** The Friends were formed to promote the Senior Center as a focus of activities, programs, and services for all senior citizens of North Brunswick. They meet once a month and discuss upcoming events, trips, issues, and services at the Senior Center. Twice a year, they host the Flea Market, which raises money for events and activities at the Senior Center. The Friends contribute towards activities by providing entertainment, transportation, decorations, supplies, and many items to enhance the Senior Center. Pat Murphy, President.

# May 2016

| Sun                      | Mon  | Tue   | Wed   | Thu   | Fri   | Sat |
|--------------------------|--|---|---|---|---|-----|
| 1                        | 2<br><b>12:30</b><br><b>AARP 30th Anniversary Celebration</b>  | 3<br>9:30—Walking<br>9:30—Healthy Bones<br>12—Lunch<br>12:30—Healthy Bones  | 4<br>9:30—Line Dancing<br>10:30—Chair Yoga<br><b>11:30— Adult Coloring Club</b><br>1- Pioneers Meeting  | 5<br>9— Wood Carvers<br>9:30—Zumba<br><b>10— Bocce Home</b><br>10— Healthy Bones<br>12:30— NBC Social   | 6<br>9:30— Barber<br>10— Exercise with Donna<br>11:15— <i>The Complete Package</i> Course Dr. Aruna Bhargava<br>12:30 Lunch                           | 7   |
| 8<br><i>Mother's Day</i> | 9<br>9:30—Chair Yoga<br>10:20—Zumba<br>11—Primetime Fitness<br>1:30— AARP Crochet Club   | 10<br>9:30—Walking<br>9:30—Healthy Bones<br><b>10— Boscov's</b><br>12—Lunch<br>12:30—Healthy Bones                      | 11<br>9:30—Line Dancing<br>10:30—Chair Yoga<br><b>11:30— Adult Coloring Club</b><br>12:30— Pioneers Social  | 12<br>9— Wood Carvers<br>9:30—Zumba<br><b>9:30— Bocce Away</b><br>10— Healthy Bones<br>12— NBC Mom & Pop Luncheon                             | 13<br>9:30— Barber<br>10— Exercise with Donna<br>11:15— <i>The Complete Package</i> Course Dr. Aruna Bhargava<br>12:30 Lunch                          | 14  |
| 15                       | 16<br>9:30—Chair Yoga<br>10:20—Zumba<br>11—Primetime Fitness<br><b>12:30— AARP Social— Bingo to All Seniors</b>  | 17<br>9:30—Walking<br>9:30—Healthy Bones<br><b>11:30— AARP Coupon Clipping</b><br>12—Lunch<br>12:30—Healthy Bones       | 18<br>9:30—Line Dancing<br><b>10— Friends Meeting</b><br>10:30—Chair Yoga<br><b>11:30— Craft with Blanche "Spring Wreaths"</b><br>1— Pioneers Meeting     | 19) 9— Wood Carvers<br>NO ZUMBA<br><b>10— Bocce Home</b><br>10— Healthy Bones<br>12— NBC Board Meeting<br>12:30— NBC Meeting<br>1— NBC Social | 20) 9:30— Barber<br><b>9:30— Podiatrist</b><br>10— Exercise with Donna<br>11:15— <i>The Complete Package</i> Course Dr. Aruna Bhargava<br>12:30 Lunch | 21  |
| 22                       | 23) 9:30—Chair Yoga<br>10:20—Zumba<br><b>10:30 Entenmanns's Store/ Diner on Rt 27</b><br>10:30 AARP Board Meeting<br>11—Primetime Fitness<br>1:30— AARP Crochet Club | 24<br>9:30—Walking<br>9:30—Healthy Bones<br><b>10:30 am—1 pm Zimmerli Art Museum</b><br>12—Lunch<br>12:30—Healthy Bones | 25<br>9:30—Line Dancing<br><b>10— Friends Meeting</b><br>10:30—Chair Yoga<br><b>11:30— Craft with Blanche "Spring Wreaths"</b><br>12:30— Pioneers Meeting | 26<br>9— Wood Carvers<br>9:30—Zumba<br><b>9:30— Bocce Away</b><br>10— Healthy Bones<br>12:30— NBC Social                                      | 27<br>9:30— Barber<br>10— Exercise with Donna<br>11:15— <i>The Complete Package</i> Course Dr. Aruna Bhargava<br>12:30 Lunch                          | 28  |
| 29                       | 30<br><b><u>CENTER CLOSED</u></b><br><br><b><u>MEMORIAL DAY</u></b>  | 31<br>9:30—Walking<br>9:30—Healthy Bones<br>12—Lunch<br>12:30—Healthy Bones   |   |   |   |     |

## Transportation Information

You must PRE-REGISTER and receive a TRANSPORTATION ID CARD in order to use the North Brunswick Township Transportation Services.

*Contact the office to set up an appointment.*

*Upon registration and pre-qualification you will receive a list of Township Approved Cab Companies to use for APPROVED services.*

1. Each North Brunswick Township senior age 62 & over (or grandfathered in to the services due to previous use) will complete a passenger data sheet. You will be provided with a photo ID that must be used at all times while using the **North Brunswick Cabs**.
2. Review uses of **approved** transportation services.
3. Refer to the details of the North Brunswick Township ordinance.
4. Review the receipt that will be issued to you.
5. Cabs will be **\$1.50 EACH WAY** within **North Brunswick using North Brunswick Cabs with the exception of trips to the North Brunswick Senior Center, trips to the Senior Center will be 75 cents each way.**
6. Cabs originating in North Brunswick, going **outside of the Township limits in any direction (up to 10 miles in total travel per one way trip)** will be **\$2.50 EACH WAY.**
7. Each person being transported as a single client **must receive and keep your receipt.**  
The resident will no longer be required to call 24 hours in advance- instead you can call the same day from any of the **North Brunswick Cabs** on the list provided. Each trip will be considered a one-way trip.

### **Wheelchair Clients**

1. Currently wheelchair service will be provided by the **North Brunswick Transportation Senior Center. Appointments can be scheduled by calling 732-418-2222 in advance.**
2. Hours of transportation for wheelchair clients will be from 9 am-3 pm.
3. The cost will be **\$1.50 EACH WAY** within **North Brunswick using North Brunswick Senior Center Transportation services.**
4. The cost for trips originating in North Brunswick, going **outside of the Township limits in any direction (up to 10 miles in total travel per one way trip)** will be **\$2.50 EACH WAY.**

# Travel Time

## Register for trips at the Senior Center

*Return Times are Approximate. Please make sure to have proper photo ID on trips.*

ZIMMERLI ART MUSEUM  
Tuesday, May 24th  
10:30 am-1 pm  
\$2/bus contribution

Thursday-June 16th  
Hunterdon Hills Playhouse  
Jukebox Heroes & Luncheon  
\$65/person  
Trip leaves Senior Center at 10 am

### **\*\*JUST ADDED\*\***

**ROCKETTES NEW YORK SPECTACULAR! July 27th!**  
This summer, come along for the ultimate New York adventure with the Rockettes® in a show that makes the ordinary extraordinary—the New York Spectacular Starring the Radio City Rockettes™! See one family's day in New York City magically come to life on stage, showing its many splendid wonders and bringing the family closer together.  
**Boxed lunch and motorcoach transportation included!**  
**Orchestra tickets! Trips leaves Senior Center 9:15 am-2 pm**  
\$68/person

### Please note:

Seating is assigned by the date you pay for the trip.  
Not when you sign up.

### Refund Policy:

In accordance to the Department of Parks, Recreation, & Community services policy— all Senior Center trips & activities are  
**NON-REFUNDABLE**